

Vilamoura 2007: A record-breaking convention



THE ECU celebrated its 75th anniversary in May, by joining with the World Federation of Chiropractic at a record-breaking European chiropractic convention and WFC 9th Biennial Congress hosted by the Associação Portuguesa dos Quiropráticos in Vilamoura, Portugal.

715 delegates, and a total attendance (including families and guests) of about 1,000, enjoyed outstanding academic and social programmes in beautiful surroundings. Full reports from organisers, delegates and the winner of the WFC's Scott Haldeman prize for research are included in a Convention Special inside.

Arrangements are already being made for next year's ECU Convention in Brussels. Once you have read about the Vilamoura event, you will want to go straight to the ECU website and book your place for 2008!

Your chance to win Liebenson's *Rehabilitation of the Spine*

COMPLETE THE *BACKspace* readers' survey on the website today, and your name will be included in a draw to win one of three valuable prizes kindly donated by publishers Lippincott Williams and Wilkins.

It is very important to the *BACKspace* editorial team that this magazine provides you with the information, inspiration and entertainment that you want and expect. Please take a few minutes to visit our survey page on www.ecunion.eu and tell us what you like, don't like and want to add to *BACKspace*.

To show our thanks, we will put the names of all those who have completed the survey into

a draw. The first three picked out will each win one of the following:

1. *Rehabilitation of the Spine: A Practitioner's Manual* by Craig Liebenson
2. A 3D version of the ACC Human Spine Disorders chart
3. A heavy paper version of the ACC Human Spine Disorders chart

The final date for participation in this survey is 30 September 2007, and winners will be informed by e-mail during October.

Please note that all those who completed the survey after the last issue of *BACKspace* will also be included in the draw.

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Previous issues of *BACKspace* are available from the Executive Secretary. See page 3 for contact details.



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President's report

The greatest chiropractic convention ever organised in Europe

AS YOU will read further on, the famous ECU 75th anniversary Convention overtook all our hopes! Everything was efficiently backed up by Phylactis Ierides, our (famous) ECU Convention Administrative Organiser who did a fantastic job, and is (with Linda Sicoli of WFC) responsible for the greatest chiropractic convention ever organised in Europe. The APQ (Associação Portuguesa dos Quiropráticos) hosted this event in the beautiful Algarve and I also thank Antonio Alves, Helder Prazeres and Edward Saltys for their hard work and contribution to this event. Over 1000 participants, with accompanying guests, and 700 registered

attendees. It is a wonderful success indeed for all and does challenge Brussels 2008 to beat the figures!

History

Francis Wilson officially presented his book *Chiropractic in Europe – An Illustrated History* at the cocktail reception of the Convention. It received much consideration from the participants. A copy was included in each registration pack for all the delegates. If any of you want a copy, you can buy it through the ECU office, the AECC bookstore or online (see page 27).

EAC

George Carruthers formally presented the European Academy of Chiropractic (EAC) at the Convention. The list of the Founding Fellows is truly impressive. George has prepared a leaflet with full information about the membership, the fellowship and the different colleges /chiropractic specialities (see page 6). Øistein Haagenen, EAC Registrar, was present at this occasion and we can say now that EAC is on the right track!

Elections

At our General Council meeting held on 16-17 May in Vilamoura, Stathis Papadopoulos was re-elected as First Vice President and Barry Lewis was elected as Second Vice President. Ben Bolsenbroek from The Netherlands was elected as Treasurer, a post generally difficult to fill ... I also take this opportunity to thank John Williams, Past VP, for his contribution to the Executive Council of the ECU.

Spanish education

In March, the Executive Council had the good fortune to visit

the new Chiropractic Education Faculty of the Royal University Centre – Escorial Maria Cristina (RCU) near Madrid. We were all very satisfied and deeply impressed by this historical site, full of tradition, peacefulness and prestige. It was the opportunity to meet the Dean and Vice Dean of RCU as well as Kenneth Vall, AECC Principal, the AEQ (Spanish Chiropractic Association) President, Belén Sunyer, her husband, Jeff, and a few other members of the Administrative Council of AEQ. It was a very informative and informal day and we all think that Spain has found the right place at the right time! The inaugural summer course in mid-June was also a great success with some 60 participants and great speakers (including your President!) from Europe and the USA (see page 17). The clinic project is now established in a totally new setting; we had the great honour of cutting the ribbon. It really looks very professional. If, by chance, you are visiting the famous Palace of Escorial, I am sure you will be more than welcome to visit this Spanish School.

ECCE

Great news from ECCE: they have sent their application for ENQA, the European Agency for Control of Higher Education (see

page 23). If accepted, ECCE will have its first official recognition among the European authorities.

EU strategy

Our new strategy for the European Union has now started and we hope to report on our first meeting in the next issue of *BACKspace*.

Jacqueline Robert

I cannot finish this report without mentioning the sad departure of Jacqueline Robert, Jean's wife - her funeral was held on the first day of our Convention! They nearly never missed one in more than 20 years. Jacqueline was an exceptional woman – her obituary is on page 4.

I am looking forward to seeing you all in Brussels which will be too small to welcome you all!



Philippe Druart DC
ECU President

BACKspace

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Lots to see on the ECU website

OUR WEBSITE is continuing to grow, and there have been many new additions in the past few months. Visit www.ecunion.eu to see:

- **A photo gallery section** – located in *Gallery/Links* on the menu bar. Here you will find many photos from the 2007 ECU Convention in Portugal.
- **A classified advertising section** – located in the *ECU* menu

on the top navigation bar. Do you have a job to advertise, or equipment to sell? All you need to know about how to place a classified advertisement can be found in this section.

- **Downloads** – also located in the *ECU* menu on the top navigation bar. Here you can find many items to download including ECU documents and European Union publications and responses.

Our **Member Login** (on the right hand side of the home page) has also been expanded. Use your username and password (sent to you with the last issue of *BACKspace* in March 2007) to login to this section. Once you have logged in, you can visit our *Members Section* located in the menu bar on the right. (You must be logged in to view this section – it is not visible to the general public.) Within this section you can visit:

- ECU Chiropractic Forum – a place where members can chat about many issues concerning chiropractic, legislation, education, etc.
- Country reports – find out what each country association is up to.
- News and articles not available to the general public



Remember to visit the **Seminars** page (in the *ECU* menu at the top) to stay informed of upcoming seminars, lectures and conventions!

If you have forgotten your username or password, please contact Beth Anastassiades, ECU Cyprus Secretary/IT, at beth@ecunion.eu. She will e-mail the details to you. Beth is also the person to contact if you have any concerns, queries, news or seminar updates for the website.

Jacqueline Robert

THE ECU is very sad to have to report the death of Jacqueline Robert, on 11 May 2007, after a long illness.

Jacky graduated from the Social and Economic Sciences Faculty of Geneva University, with a major in Geography, and then later on from the Psychology Faculty. After meeting Jean, she decided to go with him to AECC and then Los Angeles Chiropractic College in 1977. They were married in 1970 and their daughter, Sophie, was born in 1974.

She started her own practice in Switzerland after graduating, and held a number of influential posts in the Swiss Chiropractic Association, including President of the Geneva Canton from 1989 to 2006 and Vice President of the Association from 1993 to 2001.

Together with Jean, she organised the 1996 Convention in Geneva – *The Puzzling Relationship of Vertigo and Cervical Spine* – and it was predictably a great success.

As well as her love for her profession, she had great enthusiasm for the house in France – where she and Jean spent their free time and holidays and hosted the annual meetings of the ECU Research Council – and for buying antiques to furnish it. She was an accomplished cook, and loved history and art.

Her family, friends and colleagues will remember Jacky as a strong, energetic and determined woman. She was the engine of our friend Jean! She will be very sadly missed.



European Academy of Chiropractic

Applicants required for the position of EAC Director of Academic Affairs

Qualifications

THE DIRECTOR of Academic Affairs shall be a Fellow of the Academy, be a voting non-Executive Member of the Academic Council and shall be elected and proposed by the Academic Council from the body of Fellows within the Academy.

General Duties

The Director of Academic Affairs shall:

- support the Academic Dean in his/her duties
- advise and support the set-up of Specialist and National Colleges
- advise and support the set-up of the Academy's academic and professional quality assurance
- advise and support the set-up of the Academy's academic

rules and regulations (ECCE/ Fellowships/Memberships/DC) e) advise and support the set-up of postgraduate courses to include:

- Academic quality assurance Graduate Education Programmes/Provisional Registration Training Schemes/Vocational Registration Schemes in the European chiropractic profession
- Academic rules and regulations relating to the professional and academic routes leading to Memberships, Fellowships, Specialist Memberships, Specialist Fellowships and CCEI equivalency.

Please e-mail your CV and application to carruthersecu@aol.com

ECU news



The new Executive Council pictured after the General Council meeting in Vilamoura in May.
L to R: Barry Lewis (GB, newly elected second vice-president), Anne Kemp (executive secretary), George Carruthers (GB secretary/secretary general EAC), Stathis Papadopoulos (re-elected first vice-president), Philippe Druart (president) and Ben Bolsenbroek (Netherlands, newly-elected treasurer).

Supporting the standards of the profession

The statement below will appear as part of an article in the next issue of Dynamic Chiropractic. It is being published following an exchange of correspondence between the ECU/WFC and Dr Tedd Koren in relation to his teaching of non-chiropractors in Germany

TEACHING OUR profession to non-chiropractic therapists of any kind dramatically lowers our levels of education and credibility and creates a dangerous two-tier profession where patients and State Authorities will be fooled by all non DCs.

With people having this type of behaviour, although being informed months before the event, it is obvious that all the profession worldwide must be united to avoid

any similar event in Europe or elsewhere. Dr Koren has provoked this reaction. That was certainly not his ultimate goal ... but why does he need to teach less-educated non-chiropractic professionals? Is it too simple for DCs ... or is there any other reason?

**Philippe Druart DC,
FAECC(Hon), FBCA(Hon),
FFEAC
ECU President**

ECU wants to thank WFC which has totally endorsed its position. We will always fight any similar problem to the one initiated by Dr Koren!

A list (the 'Alert' list) has been drawn up of those who flagrantly contravene ECU requirements, mainly based on ECCE standards. This is supported by all the National Associations within ECU and those on the list will not be welcome to speak at any event sponsored or organised by the member nations of ECU.

Are you interested in research?

THE ECU General Council has agreed to sponsor a small number of chiropractors who wish to attend a seminar on research methods at AECC in November/December. The aim is to emphasise the importance of continuing research within the profession by providing chiropractors in the field the opportunity to write up and publish studies.

The seminar, *Research Methods for Chiropractors*, is to be held on Friday 30 November (11.00 – 17.00), Saturday 1 December (09.30 – 17.00) and Sunday 2 December (09.30 – 15.30) at the AECC. It will be presented by Professor Jennifer Bolton, Amanda Jones-Harris and Peter Miller.

The workshops will cover:

- Understanding the philosophy of research inquiry and the two paradigms of quantitative and qualitative research
- How to match your research question to the best design
- Collecting data in practice settings
- Analysing numerical data and making sense of literal data

If you would like to be considered for this unique opportunity, please contact Anne Kemp at the ECU office: ecuanne@btinternet.com.

Mission statement

The European Chiropractors' Union (ECU) is an organisation representing and promoting chiropractic, and its education, as a distinct unified profession offering a forum and support to its members and aspiring to establish harmonised legislation throughout Europe.



EUROPEAN ACADEMY OF CHIROPRACTIC

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July 2007

Dear Colleagues

I am writing this letter to offer you our appreciation for your continued support of the European Academy of Chiropractic. It is a pleasure to see the applications continually coming in. I genuinely believe that a strong EAC will augment our high undergraduate, educational standards, our postgraduate academic and professional qualifications and our profession's ongoing research. We are a base from which chiropractic will be seen to be mature, accepting and directing its own growth in Europe through continued professional development and lifelong learning.

It is our hope that every chiropractor, in membership of the national associations in the European Chiropractors' Union, from the largest (British Chiropractic Association) to the smallest (Verein Liechtensteiner Chiropraktoren), will show support for the EAC. Currently it is the **only** post graduate organisation and awarding institution of its kind which has the professions' own mark of international approval. It wholeheartedly supports the need for **one** undergraduate educational standard in Europe and this accredited through the auspices of the European Council on Chiropractic Education and thus the chiropractic profession itself.

Therefore support of the European Academy of Chiropractic is support for:

- *the high standards of our profession, set by our profession.*
- *a single, strong undergraduate educational system in Europe.*
- *continued professional development, through lifelong learning.*
- *a profession that is mature in its intent and direction.*
- *sound chiropractic research to support the clinicians in the field.*
- *unity, through learning, for the whole European profession.*
- *international awards with professional credibility and acceptance.*
- *chiropractors who wish to specialise e.g. Neurology and Paediatrics through the auspices of the EAC Specialist Colleges.*

The European Academy of Chiropractic has, since its inception, issued around 600 certificates to the chiropractic profession in Europe. It is gaining in stature on a daily basis and wishes you to be part of this new and exciting organisation. I hope those who are already in membership, fellowship or specialist fellowship continue to do so and those who have not managed to find the time to send off their application forms will do so **now** (forms are included in this issue of *Backspace*).

Join the EAC: for the bright future of the Chiropractic profession in Europe, to support the continued high standards in both education and practice, to support good, solid chiropractic research so that we may continue to fight the good fight when necessary, to support unity in Europe and help ensure our continued place in European Health care. In short, join the European Academy of Chiropractic today to support **your** profession and **your** future.

George Carruthers DC
Dr George Carruthers DC FFEAC
EAC Secretary General

EAC Founding Fellows:

Prof J. Bolton
PhD MA(Ed) ILTM FBICA FFEAC

Mr D. Burtenshaw
MA FRGS FFEAC

Dr D. Byfield
BSc Hons DC Mphil FBICA FFEAC

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Convention

High standards in European chiropractic conference

The man who helped develop the academic programme for the 2007 ECU Convention and WFC Congress, Vassilis Maltezopoulos DC, MD, FFEAC, presents an overview of the event.

THE R'S convention, entitled *Celebrating the Past, Present and Future of Chiropractic*, was indeed a great celebration for our profession, especially as it was held in conjunction with the 9th Biennial WFC Congress and it coincided with the 75th anniversary of ECU.

The academic programme itself was a big success and a celebration of chiropractic art, science and philosophy. More than 700 delegates from all over the world gathered in sunny and picturesque southern Portugal, to attend this highly educational and scientific event for European chiropractic and to listen to the 25 invited speakers and renowned personalities of the scientific community. Leading figures from both the chiropractic and medical worlds, including Scott Haldeman, Jaime Guzman, Fred Carrick, David Cassidy, Alan Breen, Bruce Lipton, Craig Morris and many others, put their hearts into some very inspiring lectures and workshops that outlined the past, present and possible future directions of chiropractic.



Bruce Lipton



Vassilis Maltezopoulos

There were different categories of lectures and workshops: many clinical and scientific presentations, a lot on technique, many on chiropractic philosophy, some on sports chiropractic and imaging diagnosis, on chiropractic education, even on the history of chiropractic with the launch of the newly-published book on European chiropractic history, by Francis Wilson (see page 27).

One of the most important highlights of the Convention/Congress was the report on the findings of the Bone and Joint Decade Task Force on *Neck Pain and Related Disorders*, led by Scott Haldeman, which was given for the first time in a chiropractic conference and will be published in *Spine* and *European Spine Journal* in November.

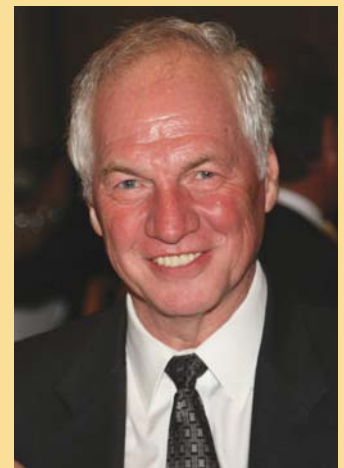
Also, the tradition of presenting named chiropractic techniques that began at the Cyprus convention and continued last year in Stockholm was again repeated in Vilamoura. The techniques presented were Chiropractic Neurology, Activator Methods, BEST, Gonstead, End Range Loading, Orthospinology, and Extremity Adjusting.

Great emphasis was once again placed on the presentation of original research, with over 100 papers accepted for platform and poster presentation. Prizes for best research were awarded both for work carried out in research institutions, and from private practices. The prestigious Scott Haldeman Award (USD 7000), first prize in the original research competition out of the 38 papers

that were given floor presentation, went to a Dutch research team, led by Sidney Rubinstein, for a paper entitled *Predictors for Adverse Reactions Following Chiropractic Care for Patients with Neck Pain*, a great distinction for European research! See page 12 for a summary of this paper.

Special mention must be given to a two-and-a-half hour, very inspiring lecture, given by Bruce Lipton PhD, on the morning of the last day. It was entitled *A New Biology: Lessons from Cell Biology about our Environment and the Future of Health, Wellness and the Chiropractic Profession*, which gave us an insight into the application of quantum physics in cell biology, its implications in the understanding of health and disease, and its relation to the origins and evolution of chiropractic.

Overall, the event in Vilamoura, apart from being very successful and enjoyable, has set high standards in European chiropractic conferences, an example to be followed in future conventions. See page 14 for details of the 2008 Convention!



Scott Haldeman

Convention

Dedication and hard work

Organising a convention in Portugal is, in some ways, rather easy, according to Phylactis Ierides DC, the ECU's Convention Administrative Organiser.

EVEN THOUGH the APQ is one of the smaller chiropractic associations of the ECU, it succeeded in hosting an event of record-breaking numbers. This is partly because the organisers decided to initiate an effort to increase participation, for present and future conventions, by reducing the registration fee for young chiropractic graduates and chiropractic students to below cost.

The initial task in finding an ideal location in Portugal for the ECU 75th Anniversary Convention and the WFC 9th Biennial Congress was rather easy for the organisers. The final decision was for Vilamoura, in the Algarve, one of the largest

single tourist areas in Europe, and considered by many to be a unique leisure and recreation resort. The venue, Tivoli Marinotel, is a five star hotel situated on a small peninsula, where on one side is the Atlantic Ocean and on the other a fascinating marina. Naturally the hugeness of the event created certain difficulties for the organisers, but all were handled with dedication and hard work and the ECU/WFC team worked tirelessly throughout the event. Thanks go to Linda Sicoli (WFC) and Beth Anastassiades, now employed by the ECU in Cyprus. The multitude of conference rooms made the scheduling easier, when dealing with concurrent lectures,

workshops and meetings. The academic programme, with its variety, was impressive and the aim was to make it worthwhile for chiropractors to attend.

Complementary to this excellent academic programme were the social events. The ECU's second golf championship took place on the day before lectures and workshops commenced. Well-known Dr John Faye was the champion of the event and promised to be back for the third championship to be held in Brussels next year.

There were 500 delegates at the welcome reception by the pool at the venue hotel. 305 people enjoyed the Portuguese night, which was held 45 minutes away by bus at a stone walled building, with thick heavy wooden tables and clay pottery dishes, close to an oil press and a water mill. Many local delicacies were served, with wine and sangria, followed by accordion music and a large lively group of folk dancers.

The highlight of the Convention/Congress was the gala dinner combining



President Philippe Druart cuts the anniversary cake with his wife Kate

delicious food and fine wines with excellent entertainment and dance. 410 people attended, as many chiropractors of the 'old guard' were honoured for their contribution to the profession and a huge 50 kilo cake commemorated the ECU's 75th anniversary. The featured speaker was Professor Joao Lobo Antunes, Portugal's leading neurosurgeon, from the University of Lisbon, who spoke on the future of health care in Europe and his positive clinical experiences with the growing chiropractic profession in Portugal which was recognised by legislation in 2003.

Another factor contributing to the success of this huge event is the continuing support from our sponsors and exhibitors. As many as 60 exhibitors representing 26 companies participated – more than at any past events. Let me take this opportunity to thank them, as well as the lecturers, sponsors and above all our delegates.



L - R Baiju Khanchandani, ECU representative for Italy, Phylactis Ierides, Karl Devriese, regular book reviewer for Backspace



Tim Hutchful gets the golfers to Straighten Up (see page 16)

Convention

Chiropractors are a friendly bunch!

*Many convention delegates brought partners or guests to Vilamoura. One of them, **Jayne Hutchful**, explains how enjoyable the event was for her.*

CHIROPRACTIC CONVENTION, Algarve, with golf – “great” thought my husband Tim, and booked two flights at the end of 2006.

May 2007 arrived, and I was five months pregnant with our first baby and a little apprehensive of flying in pregnancy. However, feeling fine, I began looking forward to a short break – we had booked for six days at the convention hotel.

Vilamoura was ideal for the convention. The hotel was superbly located – an easy walk to a number of great restaurants, with an extensive choice of food. The marina view was very pleasant, and the hotel was just a stroll away from the beach. Our bedroom was very comfortable and the staff very accommodating, and could have arranged excursions if required.

On the Thursday evening we could not walk past a bar or restaurant without seeing chiropractors, and so the socialising began. It was great fun unexpectedly bumping into friends who Tim has not seen since leaving AECC 17 years ago.

The welcome drinks reception on the Wednesday evening was very well attended – having drinks and canapés on the patio area by the pool – still with some heat in the sun. It was a great way of meeting up with old friends and colleagues, and making new acquaintances.

Tim would go for breakfast quite early, whilst I enjoyed a sleep in (well, I was on holiday!) and I would wander down to breakfast about 9.30am, to enjoy a leisurely meal. Going into the dining room on my own, I would not be alone for long, sitting at a table either with, or near to, wives or partners with whom I have become friendly



Tim and Jayne Hutchful

over the years or some I had just met in Portugal – chiropractors are a friendly bunch.

I do not think that I have ever been to a hotel in Europe with so many sun loungers by the pools. No matter what time of day I went to the pool area there were always chairs available, with umbrellas or shade. The hotel also had a lovely indoor pool and spa area – something for everyone – but being pregnant I did not try the sauna.

So did I see much of my husband? Yes, in the evenings, but not during the day. We would catch up for a drink or perhaps lunch at some point in the day, but with so many different things going on at different times, lectures, meetings, workshops, golf, chiropractors were out and about at different times. But there was always someone to chat with if I wanted, or if I just fancied a quiet read that was fine too. There were shops less than a minute's walk from the hotel, and shopping centres easily located by car.

We did not attend the Gala dinner on the last evening of the convention, but instead decided on an evening out with a group of old friends. We did not really live it up, though bars, nightclubs and a casino were all nearby, but that suited me, and I thoroughly enjoyed the break, the company, the hotel, the food and the sunshine.

Photo Barry Lewis



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A newcomer is welcomed

As the recently-elected president of the Belgian Chiropractic Union, Thyl Duhaméeuw DC attended his first ECU General Council meeting which took place just prior to the ECU Convention/ WFC Congress. He reports that Belgium had the largest percentage of delegates at this convention: 40% of its members were present in Vilamoura!

THE WFC Assembly of Members was very dynamic. Each member presented the political situation of the chiropractic profession in his/her country, creating a unique opportunity to gain a global vision on chiropractic and to have a better understanding of where each one of us is standing as compared to others. All delegates



Francis Wilson

presentations respecting the timetable. I had a good feeling about participating in this global event.

When the ECU General Council started its meeting, I, as the newcomer, was struck by the calm and professional atmosphere and by the friendliness of all participants. During the meeting we were richly informed by our president, Dr Philippe Druart and his Executive Council, who were well-prepared and managed things beautifully throughout. Chiropractic is moving in Europe and here again it felt good to learn about it.

Later that day I was welcomed together with about 1000 other delegates and their families for a drink at the venue hotel's swimming pool where Dr Francis Wilson presented his illustrated history book entitled *Chiropractic in Europe*. I was very pleased, as everyone was I suppose, to

receive a copy of this book in my delegate's pack. If you don't have it yet, be sure to obtain a copy soon – it's worthwhile!

The ECU's 75th anniversary Convention/WFC's 9th Biennial Congress took off with numerous talks, presentations and workshops and proceeded over the three-day period in a well-organised manner. The topics were diverse and well-presented and I am sure that everyone there could gather plenty of interesting information to take home.

At the end of each day all delegates gathered around the pool area enjoying the late afternoon Portuguese sunshine with their colleagues, friends and family creating a feeling of well-being and happiness and making it a very pleasant wind-down from a full day.

On the Friday night we organised a Belgian evening in one of the nearby restaurants. It turned out to be memorable and made me proud to be the Belgian president.

Many thanks to the Associação Portuguesa dos Quiropráticos and its president Dr Antonio Alves for their hospitality and the work they have done.

I would also like to express my gratitude to Dr Phylactis Ierides and his team for their commitment to a smooth organisation of the event and the way they took care of all the 'little things'.

In conclusion I would like to say I was delighted to participate in this double Convention/



Antonio Alves, president of APQ Congress. I had the opportunity to meet passionate colleagues, concerned and enthusiastic about the history, the actuality and the future of this beautiful profession.

Next year the ECU convention will take place in the 'Capital of Europe', Brussels. The organisation is already well on its way and we will try to match Vilamoura or even make it better! Even though we can't guarantee the same temperature in Belgium as in Portugal, I can assure everyone that the warmth, the hospitality and the friendliness of the Belgian people will certainly make up for it. Needless to say, you are all more than welcome as it promises to be an excellent convention with exciting topics!

See you at ECU 2008 in Brussels on 1 May 2008!

See page 27 for a review of Francis Wilson's book *Chiropractic in Europe*.

Many thanks to the APQ for their hospitality and the work they have done

BACKspace wants to hear from you!

BACKspace welcomes your contributions:

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– please give us your comments on articles, your thoughts about the ECU or your view on any chiropractic-related topics.

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Old friends

– meet up with your college friends or former colleagues by sending a note to BACKspace.

SEND ALL CORRESPONDENCE TO THE FOLLOWING ADDRESS BY 2 JANUARY 2008

Anne Kemp, ECU Executive Secretary
European Chiropractors' Union, Crest House,
102-104 Church Road, Teddington, Middlesex TW11 8PY. UK
Tel: +44 (0) 20 8614 1415 Fax: +44 (0) 20 8614 1425
E-mail: ecuanne@btinternet.com

Convention

“Thank you for your hospitality”

*This letter of thanks was written to John Williams, president of the Italian Chiropractic Association, by **Professor Vincenzo Saraceni, MD, PhD, FFEAC** following the Convention. It was translated by Baiju A Khanchandani*

Dear Dr Williams,

Above all I'd like to thank you for the courteous hospitality that was shown me during the ECU Annual Convention/WFC 9th Biennial Congress in Vilamoura. For me it was an occasion to deepen my knowledge of chiropractic and verify the knowledge and know-how of the chiropractors, and I was truly impressed by the efforts of the various national and international chiropractic associations to anchor the discipline to evidence-based scientific canons without giving in to a professional egotistic approach common to traditional medicine.

Some sessions of the Academic Programme, in particular the one conducted by Dr F Carrick, evidenced a certain affinity with the tenets of rehabilitation which is my specialisation and which has always utilised the stimulation of sensory canals for the re-education of the nerve pathways in the presence of neurological pathology. In this case, I believe that it would be opportune to demonstrate the modifications induced at the cerebral level by chiropractic treatment using modern technologies such as fMRI and TMS.

I very much appreciated that by inviting me, you wished to convey a message of openness to a professional exchange that could lead to a mutual enrichment, and personally, I'm available for any eventual collaboration.

I believe that from this moment on, if you agree, we could collaborate on seminars like the one recently held at my university, either in the university itself or in other scientific institutes of national prominence in rehabilitation.

Please extend my regards to Doctors Druart, Clum, Chapman-Smith and Alves, whom I had the pleasure of meeting and whom I hope to meet again on future occasions.

My kindest regards

Enzo Saraceni

Former Head of the Technical Office, Health Ministry
President of the Association of Catholic Medical Doctors
Professor of Physical Medicine and Rehabilitation, University La Sapienza, Roma



Enzo Saraceni



L-R Christophe Diem, Peter Dixon, Philippe Druart, Tony Metcalfe

Photo Barry Lewis

ECU Past Presidents' Dinner

TO CELEBRATE the 75th anniversary of the ECU, president Philippe Druart arranged a Past Presidents' Dinner which took place at a delightful restaurant on the marina in Vilamoura.

Present were Christoph Diem (Switzerland 1988-1993), Tony Metcalfe (Great Britain 1993-1998), Peter Dixon (Great Britain 2000-2004) and of course Philippe Druart. All were accompanied by their wives. They were joined by the members of the Executive Council and Anne Kemp, executive secretary, who

has worked for each of the past presidents who attended, and continues to work for Philippe Druart. Arne Christensen (Denmark 1978-1988) and Flemming Teilmann Nielsen (Denmark 1998-2000) were unable to join the celebration.

Philippe Druart thanked everyone for the work they have done for the ECU and the progress made under each presidency. Everyone enjoyed excellent food and drink, while sharing both the history and optimism of the occasion.



Photo Ølstein Haagenesen



Photo Ølstein Haagenesen



Award winners celebrate in Vilamoura

Three people, pictured above, received prestigious awards during the Convention and Congress. **Tony Metcalfe**, left, received the WFC's Past President's Award, **Ann-Liss Taarup**, centre, president of ProChiropractic Europe received the Lee-Homewood Award from the Association for the History of Chiropractic for an outstanding contribution to chiropractic history, and **Sidney Rubinstein**, right, was presented with the WFC's Scott Haldeman Award for original research.

On page 12, Sidney Rubinstein presents the paper which won the prize.

Winner of the Scott Haldeman Award

Sidney Rubinstein presents the results of the paper which won first prize – the **Scott Haldeman Award** – in the WFC's original research competition.

OUR STUDY, *Predictors of Adverse Reactions Following Chiropractic Care for Patients with Neck Pain*, is the second paper written on data we collected in the Netherlands on patients with neck pain, visiting the chiropractor for the first time. The study design was a prospective, multi-centre cohort. Patients completed questionnaires prior to the first visit, at the first few subsequent visits, and again at 3 and 12 months. We describe negative reactions the patients experienced in the course of treatment. The chiropractors also completed questionnaires, firstly concerning themselves (eg age, sex, institution of chiropractic education, years of experience), and also on the treatments they administered, including type of technique used (eg Gonstead, Activator, diversified, soft tissue). Through the application of advanced statistical modelling, (multilevel multivariate logistic regression analysis), we sought to identify those factors, related to the patient, (eg age, sex, work status, duration of neck pain) or related to the chiropractor (eg where educated, gender, experience) or related to the treatment (eg techniques, number of attempted adjustments to the cervical spine), which might correlate with the development of adverse symptoms following treatment.

In all, 79 chiropractors participated and recruited 529 subjects. Most patients had chronic, recurrent complaints, mild to moderate disability, and a mild amount of pain at baseline. The majority of the chiropractors were male, had followed a European chiropractic education, and worked full-time.



Applying the multivariate logistic regression models we discovered that the following were predictive of any type of adverse reaction:

- 1) the (reported) use of a manipulative technique involving rotation to the cervical spine
 - 2) patients on sick-leave or on workers' compensation
- Patients with longer duration of neck pain were more likely to have a specific type of adverse reaction, namely headache and/or increased neck pain.

A few other items were also predictive of adverse reactions, but with a weaker level of evidence. These were: European chiropractic education, headache or neck disability prior to commencing care, and intermittent pain on presentation. Interestingly, a visit to the general practitioner prior to visiting the chiropractor was less likely to result in an adverse reaction.

It should be noted here, that in the course of this study approximately 5,000 treatments were conducted, and that no serious, lasting adverse events occurred. For further information on this data, see *Rubinstein et al. The benefits outweigh the risks for patients undergoing chiropractic care for neck pain: a prospective, multicenter, cohort study. JMPT 2007, July/Aug edition.*

Chiropractor experience not a predictor

Interestingly and paradoxically, we had expected that variables related to the chiropractor or the treatment, such as years of experience, or type of technique used, or degree of disability in the patient, might predict certain types of adverse reactions. However, despite the fact that a large number of variables were examined, only

three variables consistently came up, as listed above.

The reported use of rotation was found to be a predictor of adverse reactions. However, the techniques which, in the cervical spine also include rotation, such as diversified and Gonstead, were **not** predictive of an adverse reaction. Only when the practitioner specifically indicated that rotation had been used, was a weak to moderate association found.

What does this mean for the chiropractor-patient encounter?

A major strength of this study was the use of multilevel modelling which takes into account the effect of clustering of patients by any given chiropractor. This means that the results of this study can better be generalised to other practices. We know from this and other studies that patients are more prone to adverse reactions in the early stages of treatment. Therefore these should be taken into consideration, particularly in the initiation of patient care. Besides the association with rotation, it is of interest to note that adverse reactions were more associated with patient characteristics rather than with the chiropractor or the treatment. This implies that certain patients are more prone to adverse reactions than others.

I would especially like to acknowledge my colleagues: Prof Maurits van Tulder, Prof Charlotte Leboeuf-Yde, Tammy de Koekkoek, Charles Pfeifle, and Dirk Knol. Without their assistance, this would not have been possible.

The article has been accepted for publication in JMPT and should appear at the end of 2007/beginning 2008.

Convention

The way forward for chiropractic

In his address to the World Federation of Chiropractic Assembly of Members, Øystein Ogre gave his opinions on the way forward for the profession.

IN SYDNEY two years ago I could report that the Norwegian Parliament had voted for a new law giving the Norwegian chiropractors extended rights. These rights were:

- Partial reimbursement for chiropractic treatments for all patients
- The right to sick-leave patients
- The right to refer patients to hospital, to a medical specialist and to physiotherapy.

We have also made progress in two other areas:

- 1.5% of the total reimbursements given for patients is now being put into a postgraduate education fund
- The government decided to pay the chiropractors supervising our graduates who are doing their one year mandatory internship

Before we were given the new rights, the medical association tried to tell the public that if chiropractors were given these rights, a lot more people would end up being on sick leave and the chiropractors would overload the medical specialists with unnecessary referrals. None of this happened. On the contrary; *given these responsibilities*, chiropractors have acted in a most conscientious way.

Chiropractors in Norway just do what they were trained to do, being primary health care physicians acting in relation with other health care workers in the best interest of their patients. I am both happy and proud to report to you that they do it as if it were the most natural thing in the world.

Our next and primary goal now is to establish a university-based

education on Norwegian soil. We know that we have support for it in the Parliament and we are convinced that we will succeed with it within a few years.

The WFC's Consultation on Identity process was a great success. With it, the WFC showed that it can be influential in the development of chiropractic world wide.

In my opinion there are now three other areas that need to be addressed. The first, and most important one is **organisation**. If we take a closer look at countries that have succeeded when it comes to achieving proper laws and regulations, making chiropractic well known to the public and overall creating good conditions for chiropractors to practice, there are some common factors. One of them is that they were all very well organised. Therefore I challenge WFC members to work out a strategy with the objective of getting the chiropractic world better organised.

The second area is **recruitment**. There are a few countries in the world where chiropractors are numerous and chiropractic is well-known to the public. But in most countries this is not the case. What we see in Europe, and also on other continents, is an increased number of people practising in competing professions like osteopathy, naprapati or manual therapy. I have seen many examples of small associations working hard to get chiropractic licensed and at the same time forgetting to address the main problem which is the lack of chiropractors in the country. When you are only 20 chiropractors in a country with

15-20 million people, the health authorities are likely not even to bother to take a closer look at the profession.

It is my belief that we should have a strategy to recruit more chiropractors from countries that struggle to grow in numbers. This is especially true in former east-Europe. We cannot be satisfied having only a handful of chiropractors practising in former

east European countries. Rivaling professions will outstrike us. We must think larger numbers and I ask the WFC council to lead in this work.

The third point of attention that I would like to speak about is **membership support**.

To make political progress for this profession we need somebody who is able to address our issues of attention. And that somebody is the national chiropractic associations. We need to create a better understanding among chiropractors; they need to be aware of the fact that unless we are properly organised, we will not have any proper impact facing the authorities. Unfortunately, what we see today in many countries is poor membership support. I believe that we have to create an understanding among all chiropractors and all chiropractic students of how important it is to support your own profession by joining the chiropractic associations and standing together. One for all and all for one.

What the chiropractic world needs is leadership. I believe that if we address these issues we can make a tremendous difference.

What we don't need is to focus on things that separate us as chiropractors. Wellness vs evidence based practice, straights vs mixers, lengthy discussions on the interpretation of the subluxation complex etc, etc.

Wouldn't it be nice if we could just be chiropractors; caring for our patients, caring for our colleagues, caring for our profession and just be chiropractors working for a common goal with WFC leading the way?

In my opinion there are now three other areas that need to be addressed



Øystein Ogre

Convention

ECU Convention I – 3 May 2008

Chiropractic Horizons: possibilities and limitations

Plaza Hotel, Brussels

*Our next convention, in the 'heart' of Europe, is carrying on a great tradition and a high academic expectation, says **Vassilis Maltezopoulos DC, MD, FFEAC**.*

CONTINUING THE tradition of the convention being the most important scientific event in chiropractic in Europe, and developing a scientific programme that meets the ever-increasing expectations of the members of the profession is not an easy job to achieve.

We have put together an academic programme that is full of exciting lectures and workshops. It starts by focusing on the chiropractic strong points, namely the management of common spinal and extremity conditions. It evolves by bringing together some relevant health disciplines. Orthopaedic surgeons,

neurosurgeons and physiotherapists join internationally-recognised chiropractic speakers on panels on clinical topics including:

- the management of low back and neck pain
- chiropractic versus surgical treatment of lumbar intervertebral disc disease
- management of common disorders of the hip
- major joint replacements
- sports chiropractic
- imaging diagnosis
- safety assurance in cervical manipulation and prevention of post-manipulative vascular accidents

All this, as well as named chiropractic techniques. Towards the end of the programme, some new areas of chiropractic research will be presented, that bring in fresh, yet controversial ideas that go beyond conventionally-accepted practice.

Together with discussions on the role of the chiropractic profession, its enlarging scope of practice, its potential in integrated practice, we will define possible new chiropractic horizons, as well as the possibilities that arise in incorporating chiropractic in European health schemes and policies!

Spread over three days filled with concurrent lectures and

workshops that cover each topic thoroughly, it will give delegates many options to choose from.

Speakers and researchers including James Cox, Alan Breen, Charlotte Leboeuf-Yde, Haymo Thiel, Jean-Pierre Meerseman, Michael Haynes, David Byfield, Peter McCarthy, Michelle Wessely, Bernard Masters, Tony Rosner and many more will once again do their best in providing top quality presentations that will have something for everyone.

For the complete academic programme and related information, please visit www.ecunion.eu

We are looking forward to seeing you in Brussels.



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ClinicCare has been developed since 1995 and is available in several languages.

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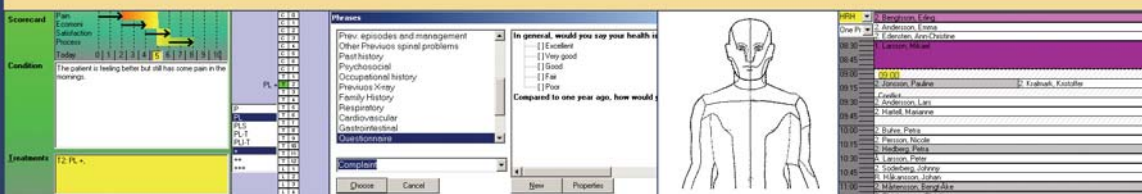
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ECU 2008

European Chiropractors' Union Convention



Chiropractic Horizons - possibilities and limitations

Hosted by: The Belgian Chiropractors' Union

1-3 May 2008

Brussels, Belgium

www.ecuconvention.eu



Straighten Up

A campaign to highlight the fact that back pain is often related to poor posture is gradually being launched throughout the world. Straighten Up America was first developed by a team at Life University. Now Straighten Up has been launched by several other countries; the first European launch was in the UK.



THE BRITISH Chiropractic Association (BCA) used its Chiropractic Awareness Week (CAW) to introduce the campaign during April 2007, and it achieved tremendous results in a number of different areas; member

participation, press coverage, general public response and web-based response. Thousands of requests for leaflets resulted from the press coverage, and about 25,000 are now in circulation in the UK.

The BCA will continue to promote *Straighten Up UK* at a national and local level. The base promotion materials are available to member associations of the ECU and a special ECU *Straighten Up* website is being developed. A new website will also be dedicated to *Straighten Up*, to enable other chiropractic and non-chiropractic organisations to use its messages.

The Netherlands Chiropractors' Association is already taking steps in that direction; it is in touch with the BCA, translating the folders and PowerPoint presentations, and is aiming to run local events

throughout the Netherlands next year. It hopes to include a larger event, with the financial and/or moral support of the Bone and Joint Decade group.

The Swedish Chiropractic Association has taken its first steps towards *Straighten Up Sweden* by translating the exercises into Swedish and sending them out to its members with an explanation of the campaign aims. Prior to this, two board members did pilot projects in their cities to see the response from schools, by going out to show the exercises to children and teachers. When the

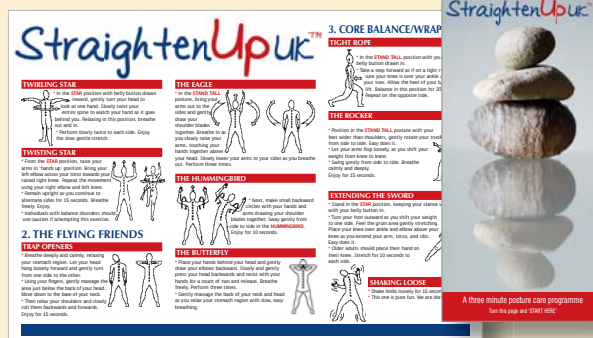
schools start after the summer break, Swedish members will be encouraged to do the same thing all over Sweden, aiming for a launch on World Spine Day, 16 October.

The Finnish Chiropractic Association has contacted the BCA too, and aims to run *Straighten Up Finland* in the week before its 30th anniversary in November.

There will be further reports on progress in future issues of *BACKspace*.



Straighten Up in action on the golf course, Vilamoura



Academic institutions

Inspiration for the future in Spain

*Chiropractic history was made in Madrid when the inaugural chiropractic summer course took place at the Royal University Centre – Escorial Maria Cristina (RCU) in June. **Bruno Valette DC**, member of the Spanish Chiropractic Association (AEQ) gave this inspiring speech at the Gala Dinner.*

SPAIN KNOWS what it owes to the world chiropractic community. First, to the foreign chiropractors like Dr Gevers and Dr Emch who pioneered the profession in this country.

And to the teaching institutions in Europe, North America and Australia, which educated the doctors practising here, Spaniards and foreigners.

To the renowned leaders of the profession who came to transmit their knowledge in seminars like this.

To the Anglo-European College of Chiropractic, and its president, Dr Kenneth Vall, for sharing with us 40 years of experience and the prestige of its reputation.

And, in a very special way, to the European Chiropractors' Union, through the person of its president Dr Philippe Druart.

And not only for the decisive economic and institutional support without which this achievement would not have been possible. But above all, for all those years of providing us constantly with hope, strength, references, stability, and companionship.

It is our desire, our objective, and our pride, to now be the ones giving to the world chiropractic community. And this starts today. We are aware that the importance of this school transcends our borders, and we shall strive to meet those expectations.

And we shall reach that objective only by following the same way that miracles occur in our daily practice: from inside out. From the very heart of the Spanish identity.

No one depicted better the Spanish soul than Cervantes in the masterpiece of European literature which is Don Quixote. As we know, this is definitely a land of poets



Members of the APQ, AECC and RCU with the Executive Council of the ECU in Madrid

and mystics. Madmen, all of them. Therefore, let us have no doubt that it will also give birth to great chiropractors.

Spain may not have produced

process led to the structuring and development, in the hands and mind of Daniel David Palmer, of a very ancient body of knowledge, both technical and conceptual, that

Ibn Rushd (Averroes), of Rabbi Ben Maymon (Maimonides), of Teresa de Jesús (Saint Theresa of Ávila), of Raimón Llull, Cervantes, Miguel de Unamuno, Santiago Ramón y Cajal, and of course, of Saint Augustine.

This is our unique heritage, which we present with pride, joy, and gratitude, to chiropractic, hoping to contribute to make it stronger and more complete, more universal.

Advanced cape of the European peninsula, land of sailors, conquerors and missionaries, Spain has always invited Europe to go farther, to think deeper, to abandon fear and sail into unknown oceans, to discover new and mysterious territories.

To this vibrant adventure we wish to invite you, chiropractors and educators, from Spain, Europe or the Americas, students and teachers, all joining our hearts and minds as, amazed, marvelling and above all, humbled, we respectfully advance into this *Terra Incognita*, which is the human being.

**As we know, this is definitely
a land of poets and mystics.
Madmen, all of them**

many scientists, but 500 years ago it gave humanity a new world.

It gave a wide horizon of expansion for European thinking and civilisation, for better and for worse. And this monastery, which welcomes us today, is still the testimony of this epic adventure.

The ideas and knowledge brought from Europe found in the new continent a less structured society, which allowed them to grow, like the small plants in the clearing of a forest, free from the shade of the larger and older trees.

In the late 19th century, this

the new world had inherited from the old one.

Chiropractic is not a strange UFO from the United States that landed in El Escorial. Today, chiropractic is coming home, back where it all started, many, many centuries ago.

The students who will begin their education here in October, the future Spanish chiropractors, will be not only the heirs of DD and BJ Palmer, Clarence Gonstead and Major Bertrand de Jarnette.

They will also be the sons and daughters of Séneca, of Mohamed

Academic institutions

Ambitious plans for AECC

Successful re-accreditation is to be followed by the first graduation of the AECC's new curriculum. Ken Vall DC, principal, is delighted with progress.

THIS YEAR the AECC has had re-accreditation visits from both the UK's General Chiropractic Council (GCC) and the Council on Chiropractic Education – Europe (CCEE). I am pleased to say that both these accrediting bodies reported favourably on the AECC. In fact, we received no conditions for accreditation, which is possibly a first for any chiropractic institution in Europe.

A lot of hard work goes into achieving such success and I would like to extend my gratitude to all involved.

We are this year graduating the first cohort of students of our new curriculum and it will be very interesting to see how these graduates will be received by the profession. The GCC commended us for "innovation in the patient-centred curriculum" and the CCEE listed as a strength "the development and refinement of the new curriculum, which is perceived by students and staff as a success". Our aim has been to produce better, more reflective practitioners, who are more confident with resolving uncertainty.

This June the AECC was able to agree a way ahead in helping the Maria Cristina College in Spain to establish a five-year degree course in chiropractic. We are now looking forward to seeing the first cohort of students start this October. The development of chiropractic in this area of Europe is dependent on having good education locally and I am pleased to see the support given to this venture by both the Spanish Association and the ECU Council.

We are now drafting our next strategic plan and, perhaps for the first time, this is done from a position of strength. We have ambitious plans and we will achieve



more if we have the full support of the chiropractic profession in Europe and particularly from the AECC graduates. I would therefore like to remind graduates that we have our next homecoming event on 8 September here at the College. The academic event will focus on sport with two excellent speakers: Jean-Pierre Meersseman from Milan and Ross McDonald from Edinburgh. You are all welcome and I hope to see many of you in September.

The New AECC Clinic

We have now received planning permission from Bournemouth Borough Council for the building of a new fit-for-purpose chiropractic clinic on campus. The building of the new clinic will allow us to use the 'old clinic' for further developments in research and enterprise. We are at present developing ideas around a centre of excellence for diagnostic ultrasound, a specialist pain clinic and an assessment centre for athletes, in particular for footballers. The old clinic will also support our growing undergraduate student body with

study space and IT facilities. We will concentrate on improving our facility for technique training. We want to improve and enhance the way we deliver this part of the curriculum as I feel it is central to the success of our graduates.

Back in March of this year, fundraising for the new clinic began in earnest, with a target of £500,000 needed to make this project a reality. We are working really hard to raise this money to ensure that the college is not over-burdened with debt and you may have seen the team at the ECU / WFC conference selling bricks from the stand. We are pleased to say that we have now raised just over £80,000 but we still have a long way to go, and need the support of the profession to secure the future of chiropractic education and research.

There are a number of ways you can show your support and make your mark on the new AECC clinic:

Bronze Sponsorship – Roll of Honour

In the new clinic reception area there will be a Roll of Honour and

for a donation of £150 your name could appear on the roll for all to see in years to come.

Silver Sponsorship – Wall of Fame

For £500 you can have your own brick engraved and added to the Wall of Fame. Each brick will be individually engraved in gold and will take pride of place in the new reception. If you are unable to commit to a whole brick you can share it with a colleague and see both of your names on the Wall of Fame.

Gold Sponsorship – Name a Treatment Room

For a price of £4,000 you can name a treatment room within the new clinic.

Collection Tins.....

If you don't feel able to contribute directly, why not get your patients involved? We can provide a New Clinic Fund collection tin for your clinic reception.

For further details on all of these initiatives please contact Sacha Billett on +44(0)1202 426340 or sbillett@aecc.ac.uk

Academic institutions

Congratulations to award winners

With the help of a renewed Board of Governors, led by Olivier Lanlo DC, IFEC continues to develop and improve in order to face the next legal challenges imposed on the French chiropractic profession.

Thierry Kuster DC, academic dean, reports.

THE NEW lecture hall has been fully operational since October 2006, and this trimester has seen it used for much student teaching, most seminars, and presentations by visiting chiropractors. The graduation ceremony for the recent class of sixth year students was performed with great success in this hall, even if, unfortunately, a few attendees could not get into the overcrowded room!

We would like to congratulate the award-winners in the two graduating cohorts, Annick Bonnard and Claire Gandon, and the winners of the ECU's Best Project award, Anne Olivreau and Nancy de Redon. After

the award ceremony, a banquet was given at a 'Guinguette' alongside the River Marne where students, staff, parents and friends gathered until late into the night.

Our young graduates like to experience practising abroad: we now have graduates practising in Mexico, Peru, South Africa, United Arab Emirates and Turkey, as well as the numerous IFEC graduates practising in European countries.

We have had the pleasure of welcoming many visiting chiropractors to give presentations to the students. One was Dr

...continued on page 20



Anne Olivreau receives her ECU Best Project Award from IFEC director Charles Martin



ANGLO-EUROPEAN COLLEGE OF CHIROPRACTIC LECTURER/ASSISTANT LECTURER (CHIROPRACTIC SCIENCES)

The Anglo-European College of Chiropractic is actively seeking applications for a faculty position within the chiropractic science area of the undergraduate teaching programme, duties also include the supervision of final year students in the outpatient clinic.

Applicants should have extensive clinical experience, including evidence of the application of Chiropractic principles and practice to a broad spectrum of patient conditions. Relevant academic and/or teaching experience at the undergraduate or postgraduate level will be an asset.

Please telephone +44 (0)1202 436283 or email rashby@aecc.ac.uk to request an application form. Completed application forms should then be forwarded to: Senior Administrator (Staffing & Resources), AECC, 13-15 Parkwood Road, Bournemouth, BH5 2DF England.

www.aecc.ac.uk

Academic institutions



Nancy de Redon receives her ECU Best Project Award from IFEC director Charles Martin

...continued from page 19

Martin Descarreaux, who is currently Research Chair at the University of Quebec, Trois Rivières. He was completing an educational visit to Marseilles where he has been investigating muscle function. We were very privileged to have Martin come to IFEC to speak with the students

about chiropractic, the role of research, and the development of further collaborations with the UQTR. He told the students how he established his research projects, and they asked him many questions about how chiropractic practice differed in Canada compared to Europe.

IFEC was delighted to have

nine students attending the ECU Convention in Portugal. These students have reported how educational the experience was, as well as being an opportunity to talk and listen to so many varied speakers. They also realised quickly how important the English language is, and though it was somewhat challenging on the first day, they quickly picked it up and enjoyed the conference enormously.

The summer months will see the continuing evolution of IFEC. Premises formerly rented have recently been bought, allowing for the building of a second amphitheatre which will be finished for next October. A few improvements on the Toulouse premises are also planned.

Despite the confused situation regarding the legal issues for chiropractic in France, the recruitment of the new cohort is going according to plan. This

should bring the total number of students to 450, all six years included. Enrolment of new staff is currently under way in order to continue improving the teaching experience provided to the increasing number of students.

If anyone is interested in contacting the school to visit us, please do not hesitate to e-mail us at cmartin@ifec.net or tkuster@ifec.net.

University of Southern Denmark

THE UNIVERSITY of Southern Denmark, Odense has not submitted a report for this issue of BACKspace..



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Academic institutions

Multidisciplinary opportunities at WIOC

*The Welsh Institute of Chiropractic is providing wide-ranging opportunities for students and practitioners, reports **David Byfield**, Head of the Welsh Institute, University of Glamorgan.*

THE WELSH Sports Medicine Centre at Glamorgan, which will initially be housed within the WIOC, was officially opened in March by Mr Alan Pugh AM, Minister for Welsh Culture, Language and Sport. It was attended by many university staff and students as well as Dr Peter Dixon, Chairman of the General Chiropractic Council, Dr Dik Skippings, Chairman of the College of Chiropractors Sports Chiropractic Faculty and Dr Ulrik Sandström, President of the British Chiropractic Sports Council.

This new initiative will provide the chiropractic programme with an in-house multidisciplinary opportunity to develop new working relationships and learning modes with a clear teaching and research link for our students. In the process, it will provide postgraduate prospects for the profession.

The launch included a multidisciplinary sports medicine meeting held over two days, involving surgeons, physiotherapists and chiropractors looking specifically at lower limb related functional

disorders. This meeting was attended by a large cohort of chiropractic students who did the profession and programme proud with their participation and level of questioning. This will be an annual event.

MChiro degree

The chiropractic division was involved in a university wide validation event in April, to explore the possibility of replacing our existing BSc Honours Chiropractic degree with an undergraduate Master of Chiropractic (MChiro) degree. The validation panel considered documentation, received considerable external input from both professional and academic colleagues and questioned the academic development team on the rationale and implementation of the new degree. I am very pleased to announce that the validation panel approved the new MChiro degree for a five year period commencing September 2007. There were a few minor conditions but our new intake in 2007 and our current year 1 and 2 students will automatically transfer to the new degree programme. The validation team complemented the quality of our documentation and teamwork in the formulation of this new degree programme.

Financial assistance for students

The Welsh Assembly continues to support Welsh-domiciled students and provide them with a grant of £1800 towards their top-up fees which means they continue to pay only £1200 as opposed to the £3000 elsewhere in the UK. This programme has been extended to non-UK EU students who will be classified as Welsh domiciled and eligible for the same £1800 grant towards their tuition. This provides significant financial assistance to students considering a career in chiropractic from countries within the European Union. The important issue here is choice for students selecting an accredited institution for their chiropractic education that gives them mobility after graduation to return to their country of origin to begin practice.

If you require any further details please feel free to contact me (dbyfield@glam.ac.uk) or visit the university website (www.glam.ac.uk) for information regarding the scholarship programme available to all students applying to the university during the next academic year.

First chiropractic students to study at University of Zurich

Bea Wettstein Meichtry, head of education at the Swiss Chiropractic Institute, describes how new legislation in Switzerland has brought changes for chiropractic students.

CHIROPRACTIC EDUCATION in Switzerland is going through a big change. As of September 2007 the chiropractic profession will be included in the new law on medical professions together with MDs, dentists, pharmacists and veterinary surgeons.

Under this law chiropractors in Switzerland are accepted as medical personnel on a national level. The new law will regulate undergraduate, postgraduate and continuing education and its implementation necessitates some adaptations.

In autumn 2008 the first chiropractic students will be able to study at the University of Zurich.

Postgraduate education will still take place at the Swiss

Chiropractic Institute in Bern. Dr Martin Wangler DC was its last director, until the end of July 2007, after which the school has been going through a reorganisation to simplify its procedures and to adapt to the new regulations for chiropractic education.

The department of education will be divided into different sub-departments (graduate, postgraduate, continuing education, accreditation and research). Each sub-department has its own director and is supervised and co-ordinated by the head of education.

We are very excited to be able to offer chiropractic education at a Swiss University in 2008. Together with the postgraduate programme in Bern we guarantee a high quality of chiropractors.



L-R: Professor Donna Mead, Dean Faculty of Health, Sport and Exercise; Roger Thomas, Chairman Board of Governors, University of Glamorgan; Professor David Halton, VC University of Glamorgan; Alan Pugh AM, Minister for Welsh Culture, Language and Sport; Professor Gareth Jones, Sports Physician; Tim Atta, Physiotherapist; David Byfield

Reports

World Federation of Chiropractic (WFC)

Barry J Lewis DC CCSP FCC FFEAC, European Region Representative, updates us on world chiropractic issues.

MAJOR ACTIVITY within WFC since I last wrote includes the recent elections for all regions of WFC. As you will probably be aware, the European Region qualified for two representatives and, following nominations and subsequent elections, Dr Espen Johannesen (Norway) and I were selected to represent Europe on WFC Council for the next three years from the WFC meeting in Vilamoura.

Recently, the Brazilian association (ABQ) came under some pressure with the local physiotherapists claiming chiropractic to be a speciality of their discipline. There is currently no law governing our profession in Brazil – although one is ‘in the pipeline’. This is an important issue because if Brazil ‘falls’ there may be a follow-on effect in other Latin American countries due to a precedent being set. The British Chiropractic Association responded to a call from WFC for funds to help Brazil in their fight for the right to an independent profession and the ECU has sent a donation. The Danish and Norwegian

Chiropractic Associations have also offered a substantial sum and a number of others within ECU have since offered to help out. The ABQ is a small association, mainly recent graduates, and it seems appropriate that those of us who are well established with our own regulation should offer assistance if at all possible.

The Vilamoura Convention (WFC/ECU) was the largest WFC Congress ever held with many attending from within Europe itself. During the Congress we welcomed two major guests to the podium. Dr John Sweaney – a former President of WFC – gave the initial John A Sweaney Lecture entitled *Chiropractic: In Pursuit of Professionalism*. This excellent address was received with a standing ovation by those attending the WFC Assembly. He was immediately followed by Dr Karen Shields Wright who introduced Sister Brigitte Yengo, DC MD who works in the DR Congo with orphans and provides a home, sustenance and health care for them and the local community. A fundraising event at the Congress



Sister Brigitte Yengo

raised more than US\$7000 for her charity. I must say that it was a bit daunting to be one of the speakers following on from these two charismatic people who have given much to both the profession and the wider community.

Generally, the Congress was a great success. The Portuguese gave us a very warm welcome – in both substance and temperature – the venue was marvellous and the

speakers were very well received. This will go down as one of the great successes and it was a major achievement for the ECU in presenting itself to the world on its 75th anniversary.

If you wish to contact the European Representatives regarding WFC matters, e-mail Barry Lewis wfc europe@btinternet.com or Espen Johannesen wfcnor@online.no

ProChiropractic Europe (PCE)

The ECU convention was a very important event for PCE president Ann-Liss Taarup.

THE EXECUTIVE Committee of the Association for the History of Chiropractic (AHC) (www.chirohistory.com) have given the Federation of ProChiropractic Europe and me personally the great honour of selecting me to be the recipient of the Lee-Homewood Award 2007. It has made me very happy and something I never imagined I would experience.

I met the AHC delegates at the Convention, when I presented the

concept of ProChiropractic Europe. It is indeed a very special feeling to be among the distinguished list of personalities the AHC have honoured over the years.

In my attic among my father's old movies (HA Simonsen DC) I found a professional movie taken of a 1954 convention in Copenhagen, which I made into a DVD. I handed a copy to ECU president Philippe Druart, as a present for the 75th anniversary.

I am also happy to have given one to Dr Francis Wilson, who has done fantastic work with his book *Chiropractic in Europe*. One more memory of the past.

During the gala dinner, when the AHC award was presented to me, I had the great pleasure of dining with the Portuguese ProChiropractic association and we exchanged ideas and contact information for the future. I also realise the need for information

on the importance of getting the chiropractic clinic involved in the enrolment of patients – as the more members the ProChiropractic association has, the stronger the political pressure is.

To the ECU General Council I presented the working copy of a DVD we now are in the process of further developing as a super tool – for those intending to establish ProChiropractic associations.

www.prochiropractic.org

Reports

European Council on Chiropractic Education (ECCE)

The ECCE continues to evolve, says its president Jennifer Bolton

THE EXECUTIVE of the ECCE met in Vilamoura at the ECU Convention in May. We were very pleased to meet up with colleagues from CCE US, CCE Canada and CCE Australia as well as from CCEI. It was interesting to hear how many of the issues confronting the other CCEs are similar to ours, and it was an opportunity, as tradition has it, to host a dinner for the CCEs. At this, the ECCE gave a vote of

thanks to Dr Anfinn Kilvaer, who was retiring from his position as the ECCE's representative to the CCEI in July. We are very grateful and appreciative of Anfinn's help and advice, and wish him well for the future. In place of Anfinn, Markus Fechner will be the ECCE's representative (together with Peter Bon).

The ECCE has continued to evolve by working with its new Standards, and honing

its procedures and practices to improve on its accrediting role. Perhaps one of the most exciting initiatives of recent times is the proposed ECCE application for membership of the ENQA. The ENQA (European Association for Quality Assurance in Higher Education) is a European Network of quality assurance agencies. The application process is fairly complex including the criterion that the agency is

formally recognised, and it is on this that I must thank Dr Baiju Khanchandani for all his help in compiling this evidence from across Europe.

This year, AECC has undergone re-accreditation, and will be followed by the University of Southern Denmark in spring 2008. We have also been in contact with Durban University of Technology in their imminent application for ECCE accreditation.

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Fédération Internationale de Chiropratique du Sport (FICS)

THE FÉDÉRATION Internationale de Chiropratique du Sport is currently working towards change. Its next General Assembly will be in Lausanne on 2 September.

Chiropractor wanted

The Ulster Spine Centre is a multidisciplinary clinic in Belfast, Northern Ireland. We are looking for associate to help take on an increasing workload.

The chiropractic clinic sees a mix of pain relief, spinal rehabilitation and maintenance patients attracting 15-20 new patients per week. Clinic facilities include Omni adjusting tables, Capable paperless office, and new Adani DR x-ray system.

The Ulster Spine Centre's chiropractic clinic is Europe's most advanced CBP clinic with a full range of in-office CBP rehabilitation equipment. We are NOT a WLP clinic!

Centre services include chiropractic, exercise therapy, CBP rehab, massage and podiatry. Position includes initial training in clinic techniques and protocols.

This is an opportunity to work in one of the most advanced clinics in the UK, and live in one of the UK's fastest developing and fun cities.

For details, call Jeb McAviney on 07963 111516

Are you looking for a chiropractic position in The Netherlands?

Van Heuven Chiropractic has two busy clinics in The Netherlands, one in Amersfoort and the other in Deventer. These are wellness based clinics where the individual is encouraged to undergo lifestyle changes with chiropractic as a choice for life. The associate doctor position is for the clinic in Amersfoort. We require an enthusiastic, organized, structured, motivated, eager to learn, pleasant individual, trained in neurology (DACNB) to provide patient education (for example: the health care class), with willingness to undergo personal development.

An absolute must is to pass the Dutch language exam recognized by the NCA (Netherlands Chiropractic Association), graduation from a chiropractic college recognized by the NCA, and willing to live in The Netherlands for the coming years.

If you are interested, please send an email to Marcel Hoogervorst (info@rodepeper.nl). He is the human resource manager at Van Heuven Chiropractic.

Case to remember

Riedel's lobe

Lee Ayres is reminded of the importance of maintaining and improving upon general diagnostic skills

Presenting complaint

A 56-year-old nurse presented to our clinic complaining of right buttock pain travelling down the posterior thigh to the knee. Over a period of 48 hours this pain progressed to cover the right posterolateral calf and ankle.

History

The patient described how she had suffered a similar episode six months previously, although this had eased off over a two week period despite receiving no treatment. Pain levels were aggravated by prolonged standing and walking and the patient was able to find little relief despite being prescribed diclofenac and diazepam. No bowel or bladder dysfunction was present.

Examination findings

Physical examination showed the straight leg raise to be reduced to 45 degrees on the right and reproduced the patient's right buttock pain. All the musculature in the right gluteal region was very tender to palpation and pressure in this area referred pain into the mid posterior thigh. The patient was having difficulty with all position changes which limited a number of the orthopaedic tests. Sensory, motor and reflex testing was within normal limits bilaterally.

Working diagnosis

From the history and physical

examination a working diagnosis of right piriformis syndrome was reached, although a lower lumbar disc protrusion was considered as a differential.

Treatment

Treatment was undertaken which included spinal manipulative therapy of the lumbar spine and pelvis, and soft tissue work and myofascial dry needling to relax the surrounding musculature. After a period of eight treatments over four weeks the patient was failing to demonstrate significant improvement. Due to this failure to respond to conservative care an x-ray was taken of the lumbar spine and pelvis.

A-P x-ray of the lumbar spine and pelvis

As the x-ray shows, there are mild degenerative changes in the lumbar spine although not sufficient to account for the patient's pain. More significant on these films is the increased area of opacity. This begins approximately 2cm above the right iliac crest and diverges towards the vertebral body of L2 medially and the rib border laterally. In the middle of this radio opaque structure there are two unfortunate artefacts, which can therefore be clinically ignored. From the position and shape of this structure the immediate inclination was



to search for other signs and symptoms that may point towards enlargement of the liver.

Some of the symptoms associated with enlargement of the liver can be vague, like loss of appetite, weight loss and lethargy. The patient was experiencing lethargy and loss of appetite although she had been experiencing high levels of pain over the preceding three week period which could have contributed towards this presentation.

A closer examination of the patient's abdomen revealed that the liver was palpable and this was supported by percussion around the same area. Fortunately the

liver was found to be smooth, uniform and non-tender which, alongside the x-ray, made a primary hepatoma or secondary tumour unlikely.

More obvious signs that would point towards liver disease such as jaundice, bruising, spider naevi or ascites were not present. This posed the question, why was there an increase in the size of the right lower lobe of the liver? And, was there a link to the pain that the patient was experiencing into the right leg?

An absence of any conclusive signs that would support enlargement of the liver led to the consideration of a congenital explanation. Riedel's lobe is a

Some of the symptoms associated with enlargement of the liver can be vague, like loss of appetite, weight loss and lethargy

Case to remember

tongue-like accessory lobe of the liver that is related to the inferior portion of the right hepatic lobe. This is thought to be quite a common finding during medical imaging of the liver and some studies have shown that it can occur in up to 19.4% of female patients (Baum et al.). Despite the fact that this is considered to be a common congenital variant it is noticeable by its absence from a number of medical textbooks.

Finding any potential link to this congenital variant and the patient's leg pain proved more difficult. There are no previous documented cases linking the two although considering the apparent

regularity of this variant within the general population it may be worth further investigation.

Reasons to remember this case

The most important lesson that I gained from this case was the importance of maintaining and improving upon general diagnostic skills. Patients presenting with lower back and leg pain are everyday occurrences for chiropractors, and consequently it is possible to become flippant with the diagnostic procedure. Abdominal palpation is something that was not initially performed on this patient and would have added to an overall picture.

Although the structure found on the patient's x-ray is probably not contributing towards her leg pain, it was important to identify it in order to send the patient for further testing. After only two years as a qualified chiropractor I felt that I may have already developed a tendency to view patient's presenting symptoms in isolation. This case highlighted the opportunity we are presented with every time a new patient walks into our treatment room. We have the time and the education to provide them with a thorough evaluation of their overall health, and this should not be wasted.

1. French's Index of Differential Diagnosis, 13th ed, (1997)

2. Professional guide to Signs and Symptoms, 3rd ed. Springhouse Corp. 2001.
3. Harrison's Principles of Internal Medicine, 15th Ed. Eds: Braunwald, E et al. McGraw-Hill, USA 2001.
4. Kumar, P and Clarke, M. Clinical Medicine, 6th Ed, (2005), Saunders.
5. Gillard, J. Patel, M. Abrhams, P. And Dixon, A. Riedel's lobe of the liver: Fact or fiction?, Department of Radiology, Addenbrooke's Hospital and University of Cambridge.
6. Sheldon Baum, Roberta C. Locko and Marc B. d'Avignon. Division of Nuclear Medicine, The Pennsylvania State University College of Medicine, The Milton S. Hershey Medical Center.

Lee Ayres DC

Book review

Evidence-Based Chiropractic Practice

Michael T Haneline

Karl Devriese reviews this new publication.

CHIROPRACTIC MAY not be best or good enough for any and every patient who walks through the door in any and every situation, even when the red and yellow flags have been eliminated. The intensity, the frequency and the type of care should be in sync with the latest research findings and the patient's wishes. What we say and how we say it, our body language, empathy and attitude should also be the subject of critical 'inter-' and/or introspection and reflect what has been published in the literature about this.

The fact that our patients honestly lie (termed acquiescence) is a sad consequence of the relationship that a patient used to have with his doctor. Patients should not have to worry about building the self-image of the doctor. The doctor

as an advisor, a teacher, a coach, should cope with this possible misunderstanding from the first and especially the second encounter on, by inviting and encouraging the patient to reveal the bad news as well as the good news, if any.

Your role as a doctor doesn't fall apart when the patient has an adverse reaction, and when you don't judge the patient, the patient may not constantly judge you. Let the patient feel that it is not about you (I am talking to myself, believe me). The relationship between the doctor and the patient, depending on each individual's perception, can balance between judging, blaming, 'weighing' personalities as in an argument, or empathising, trusting, feeling recognised, supporting, actively listening and exchanging the relevant pieces of

information in the right amount as in a constructive relationship.

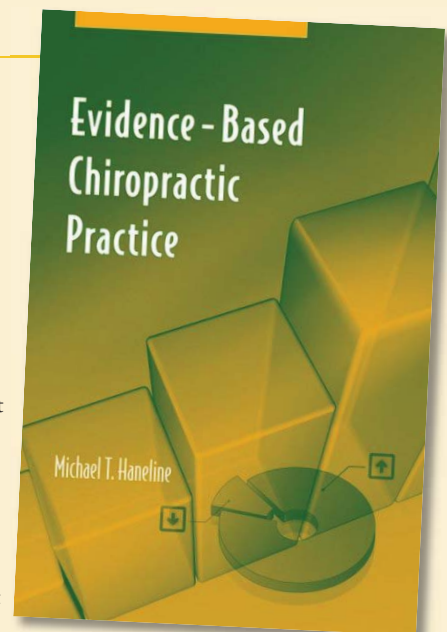
To simplify, tell the patient you will not be offended by (almost) anything they say and tell them you also need to know about the 'bad' news for optimal care. Don't forget to ask patients as a matter of routine what they want, so you can accord the violins and work on common goals. Being assertive is not synonymous with being aggressive. Being assertive means that you can also tell the truth to the patient when he doesn't seem to comply or when he has a prejudiced attitude. It also means you can refuse treatment and refer, or stop an ongoing treatment in case of poor results.

As chiropractors we should go with the flow of information, preferably and mainly based on the strongest possible evidence we have

from systematic reviews, meta-analyses of randomised controlled trials, whenever possible. Sometimes it will be based on nothing else than expert opinion, or least, on no evidence at all.

The irony of it all

Most of what I will write about in this article will, ironically, be based upon my point of view. The funniest sentence in the whole book, to me, is a very ironical one as well: "It should be noted that Evidence Based Practice itself has



Book review

not been rigorously tested, so we do not know for sure if it actually results in improved health". We have no evidence that applying the evidence we do have, will result in improved health. This is almost an existential, philosophical statement. This book is far from humorous or philosophical however, so forgive me for sitting back and relaxing for a moment in order to better face reality.

Our practice, as well as any other practice in health care, is still founded on loose ground in general. This, however, does not give us a free ticket to disconnect from reality and the evidence we do have. We keep in mind that not being able to show evidence of effect is not synonymous to having evidence of no effect, let alone evidence of harm. No proof of a positive, significant difference in efficacy could imply that the treatment is no better, but also no worse than the other treatments that were studied. That can be very positive news when taking any possible side effects into consideration in comparing treatments.

Implementing evidence based chiropractic

The differentiation between background and foreground information is an interesting one. Background information concerns broad knowledge about the condition at issue regarding its anatomical and pathophysiological basis and foreground information will lead to the best diagnostic and treatment strategies for the involved patient. Background information is necessary before dealing with matters in the foreground. Books are generally a good source of background information; articles generally deal with foreground questions. Unfiltered information is retrieved from the original journal articles; filtered information comes from expert reviews of all available original articles on a given topic. The first step in obtaining evidence is to look at the prefiltered information

because much work has already been done. The disadvantage may be that the reviewers may be biased because of their educational and/or philosophical background. Foreground questions are more complex than background questions to compose.

A correctly formatted clinical question (PICO) is composed of defining the problem at hand or the type of patient(s) abbreviated as P. The letter I concerns the intervention

very useful chapter on the types of evidence referring to an extensive list of possible sources, within and outside of chiropractic.

Practical applications of Evidence-Based Chiropractic (EBC)

There could be 'internal' and 'external' reasons for implementing outcome measures, suggested as a form of EBC. The outcome measures for 'internal' reasons are meant to

reimbursement. Probably the best way to deal with the suggestions for EBC in such a case is just to ask relevant questions personally, in the context of the Activities of Daily Living (ADL). The patient appreciates the personal touch when you ask the questions yourself, one on one.

For third party reimbursement and 'external' proof of efficacy and monitoring progress I could not think of any better way to go than to have patients fill out these questionnaires.

I consider the pain scales or the grading method very useful for monitoring progression and I ask the patients to estimate their progression in percentage terms, after about four weeks of treatment.

Another interesting concept is patient-oriented evidence that matters (POEMS)

or exposure that is being considered. Letter C is optional and stands for comparing treatments with the primary intervention. Letter O represents the outcome of interest preferably patient-relevant versus doctor-relevant outcomes.

Another interesting concept is patient-oriented evidence that matters (POEMS). The outcome of the investigated matter should be something that patients are expected to care about. The studied problem should be widespread and the intervention involved should be feasible. The information should have the potential to change the practice of many practitioners.

Disease oriented evidence (DOE) deals with the outcomes that may be of interest to researchers and practitioners but are of little interest to patients. These so-called surrogate outcomes are not actually capable of determining whether a given treatment works, but may provide evidence as to how it works. An intervention commonly has positive effects on surrogate outcomes but not on clinically relevant outcomes.

Where is the information?

Reading the chiropractic literature is not sufficient. This book has a

demonstrate and to convince the patient and the doctor that there is progress and it should have a positive impact on patient satisfaction and compliance. The outcome measures for 'external' reasons are meant to demonstrate progress to convince third-party payers.

Monitoring patient progress is an entirely 'internal' issue in Belgium, for the moment. My experience with the use of some of the questionnaires mentioned is not a good one. Some patients actually found the questions to be irrelevant or difficult to answer because of the limited options offered. The questions are usually very general and consider a wide range of disability degrees; therefore some patients with minor symptoms seemed to feel they were perhaps dramatising. In such a case, there is usually also a problem with responsiveness.

A positive change is less likely to be quantifiable. The patients with major symptoms, on the other hand, were rather annoyed when they had to fill out these forms and they had the feeling they were wasting time. Also, they preferred to be questioned in a customised manner. So, I don't use questionnaires any more at this time, until I have to change my mind again, based on new information or for third party

Conclusion

I have suffered through this book but I appreciate the genuine effort of the author to organise this information on a theme that I nevertheless consider to be very important. It was of limited practical use for me to read it from front to back but a few chapters caught my attention.

Going through the routine of formulating clinical questions and the method of browsing through the literature is well described. The chapter on documentation and putting it all together is very important but too limited and of minor importance when there is no third party reimbursement to claim for. The appendices contain a wealth of information for English speaking readers but the questionnaires cannot just be translated into different languages because changing a word or a meaning of a word has an important influence on the validity.

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Book review

Chiropractic in Europe

Edited by Francis JH Wilson

Stathis Papadopoulos DC reviews the book that was launched at the Convention in Portugal.

CHIROPRACTIC IN Europe provides a valuable introduction to chiropractic's history from a European perspective. It has been written and published to commemorate the 75th anniversary of the European Chiropractors' Union.

Twenty-three authors contribute important historical data and information about chiropractic practice today. The reader will discover many documents and pictures unknown to the general public, some of which are being published for the first time, that tell the fascinating story of chiropractic from its origins in the United States in the last years of the 19th century, to contemporary times.

Special reference should be made to the selection of photographs that cover, in a different way, the long history of chiropractic in Europe.

The book comprises two sections. The first part provides an overview of chiropractic's history from a European perspective, while in the second section the history of chiropractic in 19 European countries is examined.

Section One sheds light onto unknown details of chiropractic history in Europe but it also goes as far back as the origins of chiropractic in the United States. Special reference is made to the European pioneers. A section is devoted to the 75 years of the European Chiropractic Union - the formation of the Union and the pre-war years up to the latest news and developments. The reader will be surprised to discover that until October 2006 the total number of chiropractors in the European Chiropractor's Union did not exceed 3,200 and almost half of them were located in Great Britain.

But the European Chiropractors' Union is confident about future prospects. As it is noted in the book, "Although the chiropractors of Europe remain a relatively small group in relation to their counterparts across the Atlantic, chiropractic in Europe is thriving and the number of chiropractors practising in Europe is growing exponentially".

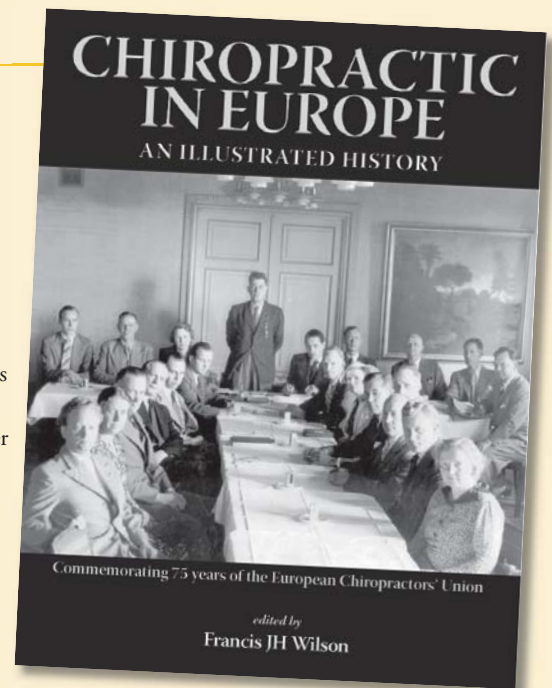
In Section Two, each story covering chiropractic in the 19 different countries includes

important key facts for each country, such as the number of chiropractors registered, population etc. Written in a style that a non-specialist can fully comprehend, each chapter revives

important moments of chiropractic's history and the memory of pioneers of chiropractic who contributed

significantly to the progress of their science and to public health and quality of life in their countries. The reader will discover that chiropractic is still an innovation for certain countries and is yet to be fully recognised.

The book will be of particular interest to chiropractors and chiropractic students and is written in a way that can prove to be an enjoyable reading experience for non-specialists and anyone who has an interest in learning more about chiropractic. It also represents a valuable source of information for historians.



Chiropractors at dinner in London, July 1932. It was at the London conference in 1932 that the constitution of the ECU was approved and its officers elected

CHIROPRACTIC IN EUROPE AN ILLUSTRATED HISTORY

Published: May 2007 | ISBN: 978-1905886-869 | Price: £18.95 | Binding: Hardback

Written to commemorate the 75th anniversary of the European Chiropractors' Union (2007), this timely book includes contributions from 23 authors and more than 70 photographs

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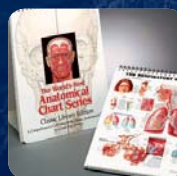
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